**Play Therapy Contract and Consent Form**

*Play is children’s natural medium to learn, communicate and to explore. Play therapy helps children to explore and understand the feelings that distress them, and to make sense of their life experiences in the presence of a trained therapist. I will be seeing your child for weekly individual 50-minute sessions and will work in a non-directive way so that your child can choose how to play within the safe boundaries of the therapy. I am a member of the British Association of Play Therapists (BAPT) and adhere to its Code of Ethics and Good Practice which is available online at* [*www.baptinfo*](http://www.baptinfo)*.*

1. **Confidentiality**

Usually, specific details of your child’s play will be confidential to your child. Your child may choose to share whatever he or she likes about the sessions, but I will not share any details except with my clinical supervisor. I will not share information with any other person or agency without agreement from you and your child (if appropriate), except when it is required by a court of law or a local authority, or if I believe your child or another person is at risk. In this instance, I would adhere to the safeguarding procedures of the school, or if sessions are not held within school, I would contact Southend’s Safeguarding & Child Protection Co-Ordinator and Local Authority Designated Officer (LADO). We will agree a Circle of Confidentialityso that I know who else can receive information about your child’s play therapy and how the information will be passed on.

1. **Reviews**

We will meet regularly to review your child’s progress and discuss how best to meet his/her needs. I will not disclose details of your child’s play, but I will share the themes and patterns with you so that you can best care for your child’s needs at home. A review is also a time for you to bring any concerns you have about your child and the therapy. You are welcome to bring a friend or relative with you to reviews. I find it helpful to know in advance if you are going to do this. If you need an interpreter, please let me know and this can be arranged.

1. **Professionals’ meetings**

Your child and your family may be receiving support from other professionals too such as Social Care, School pastoral manager, or an Adoption Agency. I will try to attend any professionals’ meetings that are planned and/or to give a verbal or written report. Usually, we will have already agreed in the Circle of Confidentiality who the other professionals are.

1. **Notes and reports**

I will keep notes about your child’s play therapy for my own use and for supervision. The records contain details of the Play Therapy, assessment, and any other relevant details. Client records are confidential, kept secure and conform to the Data Protection Act (1998). At the end of your child’s therapy, if you request, I will write a short summary report and will give you a copy. Sometimes other services or agencies such as your child’s school, social services, CAMHS or your doctor may request a report too. I will always inform you about this and gain your permission before sending a report to anyone outside the agreed Circle of Confidentiality. I will not share notes or reports without your consent unless required to by law.

1. **Clinical supervision**

As a member of BAPT, I am required to receive regular clinical supervision so that I can discuss and reflect on my cases. This is to maintain my good practice and to protect my clients from harm.

1. **Complaints**

If you are not happy with the way I am working with your child, I will invite you to discuss the issues with me first so that we can try to resolve any misunderstanding or differences. If you are not satisfied after our meeting, you may also look at the complaint’s procedure for BAPT members at [www.baptinfo](http://www.baptinfo).

1. **Absences**

It is important that your child’s therapy takes place every week, at the same time and in the same place. Please contact me by email / text / through the school office if your child is unable to attend a session. I will try to reschedule the session within the same week. Any session cancelled by you with less than 24 hours’ notice or any missed appointments will be charged at the full rate.

1. **Ending play therapy**

During the referral meeting, we can discuss how many sessions we will initially start with, but more sessions may be agreed at subsequent interim review meetings. Your child should have at least 3 weeks’ notice for ending therapy. Endings are especially important for children who may have experienced loss or many home moves.

1. **Referrals**

I may need to refer your child for further assessment or a different type of therapy with someone else. I will discuss the reasons for this with you and with your child (if appropriate).

1. **Charges**

Each individual 50-minute Play Therapy session will cost £40. Non-therapeutic professional time (review meetings etc) will be charged at the lesser rate of £30 per hour. Invoices will be sent at the end of each month and are payable within 14 days from receipt.

1. **Current Status**

I do hold a current DBS (Disclosure and Barring Service) check.

**Consent for play therapy**

**🞏 I consent to my child receiving play therapy from Yasmin Johnson (MA Play Therapy, PGCE Primary Education, MSc Child Development, BSc (Hons) Psychology).**

**🞏 I understand and agree to the procedures for play therapy described.**

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| **Parent/carer name** |  | | |
| **Signed** |  | **Date** |  |

